



## Male Student-Athlete of the Month: March 2016



### Josh Inkumsah

Josh has been selected as the March CSASC Male Student-Athlete of the Month. In Grade 10 at St. Joseph's Catholic High School in Barrie, Josh has a large presence on the Jaguars Junior Boys Basketball team. This season he captained a 38-5 Jag's squad that won four tournaments, a Barrie City Championship, the CSASC league title and the GBSSA "AAA" Championship.

Teacher-coach Harold Regan and volunteer-coach Andrew Broeren were proud of their team's efforts this season and each player's individual commitment. "Josh has become a true 'glue guy' for this team," said coach Andrew Broeren. "He has a genuine interest in our team-first goals and philosophies, which has gone a long way in creating excellence in the program. Through it all, he consistently demonstrated humility, gratitude and leadership skills through his words and his actions."

The time Josh has put into his game in the off-season paid dividends in 2015-2016. He was selected as an all-star at the Champion Junior Showdown, and was named a first team all-star at the 64 team Kawartha Classic. Josh hit for a season high 33 points in the City final and won the 3 point competition at the Simcoe County All-Star game. In the GBSSA "AAA" Championship game, Josh capped off the season by being named game MVP in the 73-34 victory for St. Joe's over Nantyr Shores.

Congratulations on all your achievements and best of luck in the remainder of your high school career!



## Female Student-Athlete of the Month: March 2016



### Heidi Hayes

Heidi is the March CSASC Female Student-Athlete of the Month. A Grade 12 student at Patrick Fogarty Catholic Secondary School in Orillia, Heidi is an outstanding team leader and multi-sport athlete.

“Since Grade 9, Heidi has been a starting setter on the Senior Girls Volleyball team. She works incredibly hard at her craft,” commented teacher-coaches Al Cinelli and Evan MacCormack. Before choosing to attend PF, Heidi overcame a battle against cancer and was homeschooled for many years. Now, stronger than ever, she leads her school community as President of the student body. Additionally, Heidi manages her time between the school musical, the school basketball and tennis teams, and the Orillia Suns U18 Volleyball team.

This season, the Flames Girls’ Volleyball team won the CSASC Championship, seized the GBSSA “AA” title, and advanced to the OFSAA Championship. Heidi led the team to their fourth consecutive appearance at the provincial tournament as the squad went 5-2 to win the Consolation Gold Medal.

Congratulations on your success this year Heidi and all the best in your future endeavours!